



# Health History

(check all that apply)

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Current Past Muscular-Skeletal

- \_\_\_\_\_  Arthritis/Bursitis
- \_\_\_\_\_  Back
- \_\_\_\_\_  Bone or joint disease
- \_\_\_\_\_  Broken/fractured bones
- \_\_\_\_\_  Chest, ribs, abdominal pain
- \_\_\_\_\_  Headaches
- \_\_\_\_\_  Hip Pain
- \_\_\_\_\_  Jaw pain
- \_\_\_\_\_  Joint stiffness/swelling
- \_\_\_\_\_  Leg, foot pain
- \_\_\_\_\_  Migraines
- \_\_\_\_\_  Osteoporosis
- \_\_\_\_\_  Other: \_\_\_\_\_
- \_\_\_\_\_  Scoliosis
- \_\_\_\_\_  Shoulder, neck, arm, hand pain
- \_\_\_\_\_  Spasms/cramps
- \_\_\_\_\_  Strains/sprains
- \_\_\_\_\_  Tendonitis
- \_\_\_\_\_  TMJ

## Skin

Allergies:

- \_\_\_\_\_  Eucalyptus
- \_\_\_\_\_  Fragrances
- \_\_\_\_\_  Peanuts/nuts
- \_\_\_\_\_  Other: \_\_\_\_\_

Moles

New Tattoo: \_\_\_\_\_

Rashes

Warts

Athlete's Foot

Bruise Easily

**Dermal Piercing: Where**

\_\_\_\_\_

## Current Past Other

- \_\_\_\_\_  Alcohol social use
- \_\_\_\_\_  Cancer
- \_\_\_\_\_  Depression
- \_\_\_\_\_  Diabetes
- \_\_\_\_\_  Difficulty concentrating
- \_\_\_\_\_  Do you have any screws or pins  
Where: \_\_\_\_\_
- \_\_\_\_\_  Do you have any metal plates  
Where: \_\_\_\_\_
- \_\_\_\_\_  Drug use \_\_\_\_\_
- \_\_\_\_\_  Eating disorder
- \_\_\_\_\_  Fibromyalgia
- \_\_\_\_\_  Hearing impaired
- \_\_\_\_\_  Hip Replacement
- \_\_\_\_\_  Knee Replacement
- \_\_\_\_\_  Nicotine use \_\_\_\_\_
- \_\_\_\_\_  Visually impaired

## Current Past Nervous System

- \_\_\_\_\_  Cerebral Palsy
- \_\_\_\_\_  Chronic pain
- \_\_\_\_\_  Epilepsy
- \_\_\_\_\_  Fatigue
- \_\_\_\_\_  Herpes/shingles
- \_\_\_\_\_  Multiple Sclerosis
- \_\_\_\_\_  Muscular Dystrophy
- \_\_\_\_\_  Numbness/tingling
- \_\_\_\_\_  Other: \_\_\_\_\_
- \_\_\_\_\_  Paralysis
- \_\_\_\_\_  Parkinson's disease
- \_\_\_\_\_  Sleep disorders
- \_\_\_\_\_  Spinal cord injury
- \_\_\_\_\_  Twitching of face
- \_\_\_\_\_  Ulcers

## Digestive

- \_\_\_\_\_  Colitis
- \_\_\_\_\_  Constipation
- \_\_\_\_\_  Crohn's Disease
- \_\_\_\_\_  Diarrhea
- \_\_\_\_\_  Diverticulitis
- \_\_\_\_\_  Indigestion
- \_\_\_\_\_  Irritable bowel syndrome
- \_\_\_\_\_  Other: \_\_\_\_\_

## Reproductive System

- \_\_\_\_\_  Menopause
- \_\_\_\_\_  PMS
- \_\_\_\_\_  Pregnant

## Circulatory and Respiratory

- \_\_\_\_\_  Allergies
- \_\_\_\_\_  Asthma
- \_\_\_\_\_  Blood clots
- \_\_\_\_\_  Cold feet or hands
- \_\_\_\_\_  Cold sweats
- \_\_\_\_\_  Dizziness
- \_\_\_\_\_  Fainting
- \_\_\_\_\_  Heart condition
- \_\_\_\_\_  High/Low blood pressure
- \_\_\_\_\_  Lymphedema
- \_\_\_\_\_  Other: \_\_\_\_\_
- \_\_\_\_\_  Shortness of breath
- \_\_\_\_\_  Sinus problems
- \_\_\_\_\_  Stroke
- \_\_\_\_\_  Swollen ankles
- \_\_\_\_\_  Varicose veins